

The Daily Show Builder Ritual



Seize the day.

Write your play or musical in 20 minutes a day.

You don't need hours of free time or a bolt of inspiration to make progress on your show. You need a rhythm. This 5-step daily ritual helps playwrights and musical theatre writers move forward with clarity, confidence, and consistency.

THE RITUAL

1. Review (2 minutes)

Re-read what you wrote yesterday. No editing—just take it in. Let your brain re-enter the world of the show and the feelings of the moment.

2. Set Today's Goal (1 minute)

Pick one beat to explore. A scene, a moment, a lyric idea. Keep it small and focused.

3. Write (15 minutes)

Use a timer. Let the words flow without judgment. Skip around if needed. No deleting. Just write. Get into it!

4. Prep Tomorrow (1 minute)

Jot down one idea or question for tomorrow's session. Keep the momentum going.

5. Celebrate (1 minute)

You wrote today. That counts! Say it out loud. Share it with your online friends. Mark it on a tracker.

BONUS TIPS

- Keep a "Scene Fragments" document for out-of-order ideas.
- Use music, a candle, or a space cue to ritualize the practice.
- Join a community like CreateTheater for accountability & inspiration.

Created by Cate Cammarata



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